

Coláiste Pobail Fóla Wellbeing

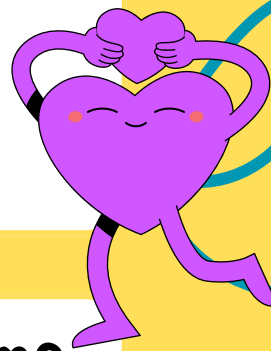


What's on this week?



LGBTQI+ Week

October 13th - October 17th



What's happening this week?

- Shoutout workshops - Monday, Tuesday, Thursday
- LGBTQI+ club at everyday this week at lunchtime in C22
- Rainbow day on Friday classes

In aid of
Shoutout -
donate on
school
website!



Wear:

- A classes - Red
- B classes - orange or yellow
- C classes - green
- D classes - blue
- E classes - blue or purple

Mentor Time Activities

- Shoutout: Learn your terminology
- Discussion: Phobic Language
- Kahoot: Respectful Language
- Kahoot: Women Who Lead the Way
- Kahoot: LGBTQ+ Celebrities

Resources and helpful links

- Video Series: Know your queer history
- Book: Queer Voices
- Shoutout Podcast Series
- Support: BeLong To Youth Hub
- Find a LGBTQ+ Youth Group

Wellbeing Key Skills

